

BRIDES GET YOUR



*Pre-Wedding
Skincare Prep Tips*

Allyson Marie & Co.

DANCE & MAKEUP

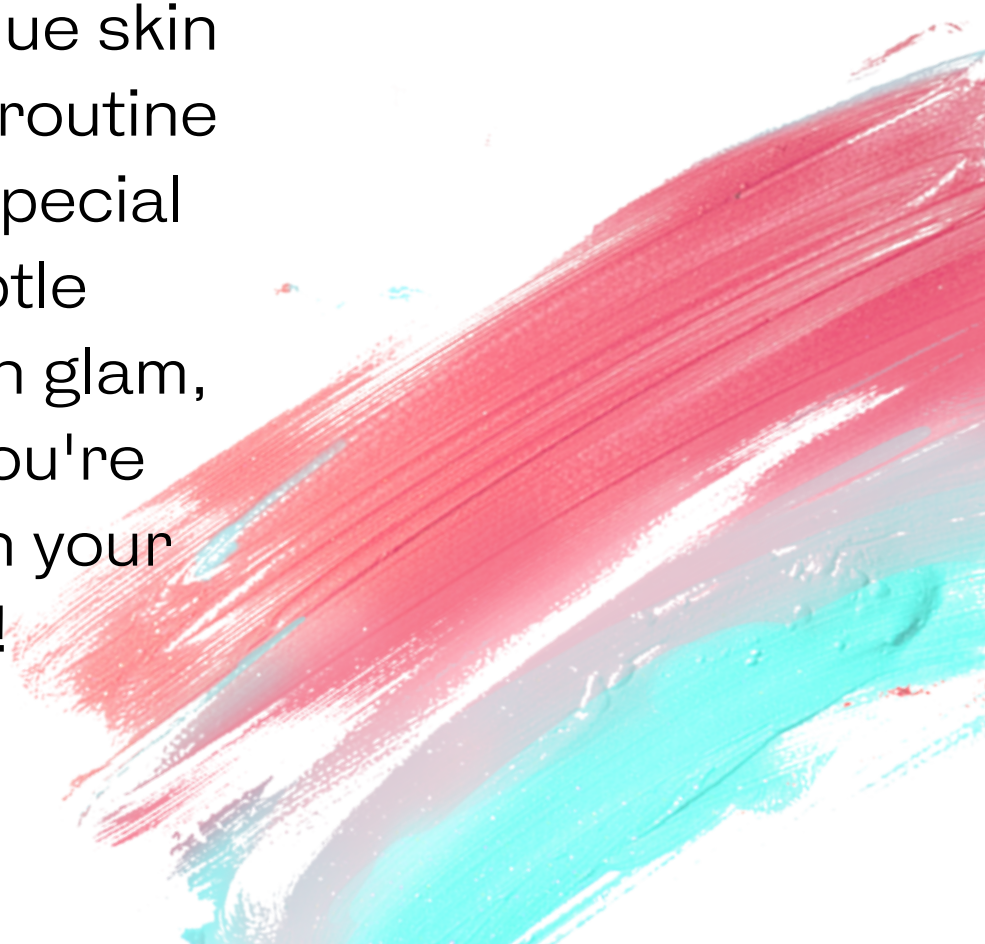


**GET READY TO GLOW ON YOUR BIG
DAY WITH THESE AMAZING
BRIDAL SKIN CARE TIPS!**

About *Allyson* Marie & Co.

Welcome to Allyson Marie & Co., the glam squad of the Eastern Sierras! With over two decades of experience, Allyson and her team have mastered the art of making faces look stunning.

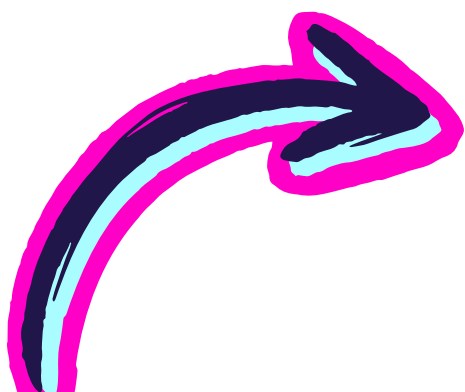
AMC has become known for creating a unique skin prep and makeup routine tailored to your special day. From subtle elegance to full-on glam, we make sure you're ready to shine on your special day!



Why is Skin-Prep so *Dog-gon* Important?

Brides, the wedding bells are ringing! Time to get your skin in tip-top shape, and we're here to help!

This guide is your golden ticket to pre-wedding skincare bliss. Why? Well, flawless makeup needs a flawless canvas, and that canvas is your skin! Keep it hydrated and baby-soft, and your makeup will stay stunning all day long. We've got your back with product recommendations and tips to get that radiant skin glow. Remember, the key is to start early, weeks or months in advance, so that you're walking down the aisle looking like a queen!



Have you had a strict skincare routine? If no, why not? If yes, do you like your care routine?

The *Daily* and Weekly **MUST Do's**

Keep your skin glowing like the sun by remembering these skincare rules: Cleanse, moisturize, and tone twice a day (yup, every day!). Then, add some sparkle with exfoliation 2-3 times a week. Don't forget to pamper your peepers with eye cream twice a day, and for a real skin boost, try out some medical-grade Retinol or Hydraulic Acid treatments 3 times a week. Your skin will thank you!



Extras: Weekly face masks, LED Face Therapy

Checklist for Skincare

- Apply Cleanser (double cleanse on an evening)
- Tone – IF YOU HAVE OILY SKIN
- Apply serum
- Apply moisturizer
- Apply eye cream
- Use an exfoliator every week

#1 Cleanse/Exfoliation

Picture this: You're out and about, living it up on a hot summer day, and it's time to head back home. You've had 12 hours of work under the sun and your face is a hot mess of makeup, oil, pollution, and everything in between. Ew! You wouldn't dream of skipping a good cleanse, would you? It's like giving your face a deep, refreshing shower, washing away all the grime and dirt that's been tagging along with you all day. So, let's make a pact - no matter what, we'll never skip this crucial step!

Exfoliating is the process of removing dead skin cells from the surface of your skin using a chemical, granular substance, or exfoliation tool and should be done at least once a week.

#2 Tone

Toning your face is also super important! One of the major benefits of facial toners is they can easily penetrate your skin to give it a quick fix of hydration and sweeps away dirt and dead skin cells that your facial wash may have failed to remove.



#3 Serum

Here at AMC, face serums are like our BFFs! These magic potions are loaded with active ingredients that go straight to the skin's heart, delivering a high dose of TLC. Depending on the ingredients, they can do wonders for your skin, from fighting wrinkles to giving you a healthy glow. So why not give them a try? Trust us, your skin will thank you later!



#4 Moisturize



Psst! Quick tip: never skip moisturizing your face! I know, adding another to-do to your morning routine seems like a drag, but trust me, your skin will thank you. To get the most bang for your buck, use an SPF moisturizer in the morning. Not only does it feel like a mini spa treatment, but it also helps keep your skin looking youthful and flawless in the long run. No more excuses, let's give your skin some love! Oh, and don't forget to moisturize at night time before you close your eyes.

#5 Eye Cream

Say goodbye to those pesky dark circles and puffy eyes with the ultimate secret weapon: eye cream! This magical potion is just what you need to elevate your skincare routine and tackle those under-eye issues. So, if you're on a mission to conquer the world of skincare, grab yourself a jar of eye cream and let the magic begin!

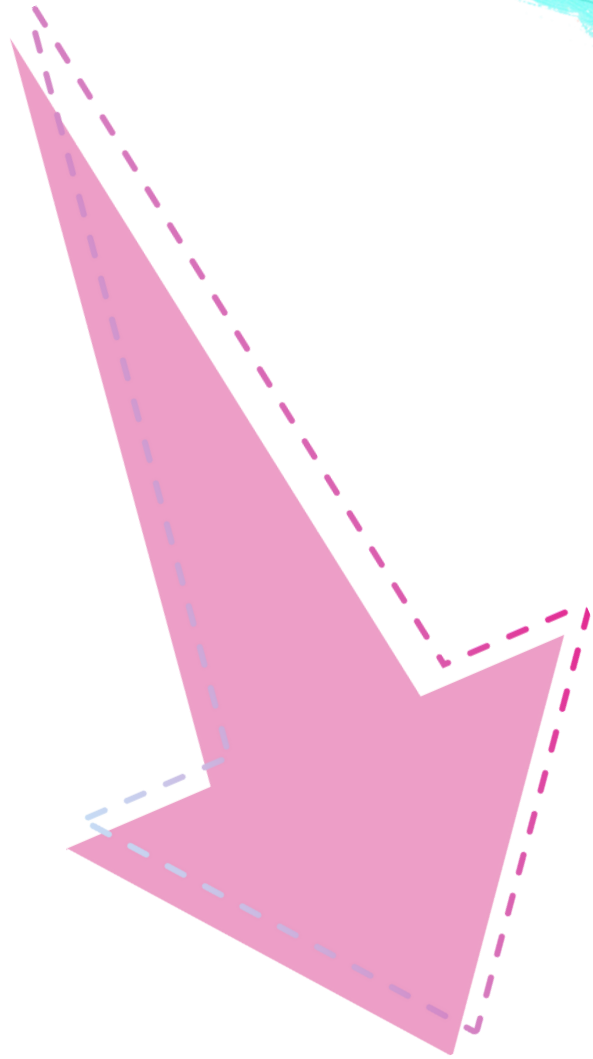
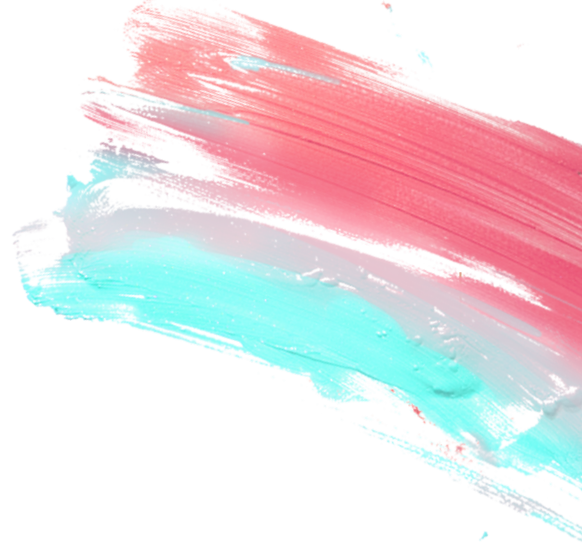
#6 Extras- Masks and LED Face Masks

Listen up, brides! Face masks might not be a genie in a bottle, but they sure have some moves! These babies get up close and personal with your skin, loading up pores with ingredients galore. Plus, the cherry on top is the instant transformation you'll see in the mirror. The best kind of magic!

And... if you want to level up your daily skincare routine try an LED Face Mask!

Get Ready to **LEVEL-UP**
YOUR Skincare Game!

Take this legit and awesome quiz
to find out what skincare
products are perfect for YOU!



**FROM
TREE
TO
BEAUTY**

OLIVE TREE PEOPLE

Er lehrte mich, dass wir mit allen verbunden sind und nun zusammen werden können...

Hydroxytyrosol → 27.000 ORAC
Oleuropein 12.000 ORAC
... das die Stimme unseres Herzens in der Zeit der Unsicherheit weist. Stelle uns die Richtung weit. Stelle das Glück dem Heil.

Unsere High-Tech-Naturkosmetik wird in einem Olivenbaumhaus geboren.



STORY

Kosmetik Labor

Das Baumhaus im Olivenbaum



Baumtherapie in 14 Tagen !!!

Leben wendende



Om mel

Delizioses



... in der Zeit von innen kommt und Außen strahlt

Valencia, 8 Jahre alt (Die älteste Zitrusart)

Baumalter bis zu 4.000 Jahre alt.



Valencia und Thomas 2014

Das Universum in Sandkorn und der Peridot in einer Blume das unendliche in einer Handfläche halten und in einer Stunde die Existenz beenden.

70% Mehr Wirkkraft



Olea europaea
... das unser Glück, soeben nach den wir alle Wurzeln erst für immer und dem Entdecken eigener N...